

Digital Hustle Agreement

This agreement is between

Parent(s): _____

Child: _____

Date: _____

1. Goals for My Digital Hustle

What I want to achieve by working online or using digital tools:

2. Time Limits & Balance

I agree to:

- Spend no more than _____ hours per day / week on my digital hustle.
- Take regular breaks every _____ minutes to rest my eyes and stretch.
- Balance my digital hustle with school, chores, family time, and physical activity.

3. Safety Rules & Privacy

To stay safe online, I will:

- Never share my full name, address, phone number, or school details with strangers.
- Use strong passwords and keep them private.
- Ask permission before downloading apps, software, or sharing photos/videos.
- Avoid talking to or accepting friend requests from people I don't know.
- Tell my parent(s) immediately if I see something upsetting or suspicious online.

4. Respect & Responsibility

I will:

- Treat others with kindness and respect online.
- Avoid posting anything that could hurt or embarrass someone, including myself.
- Take responsibility for my actions and mistakes and learn from them.

5. Support & Communication

- I agree to share my progress and challenges with my parent(s) regularly.
- Parent(s) agree to support me with advice, tools, and help when needed.
- We will have weekly check-ins to review my goals and adjust this agreement if needed.

Signatures:

Child: _____

Parent(s): _____